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EDUCATIONAL PREPARATION:

M.S.	University of Massachusetts, Division of Nursing, Amherst, Massachusetts, Psychiatric-Mental Health Nursing	1974
B.A.	Cleveland State University, Cleveland, Ohio, Psychology	1971
R.N.	Cleveland Metropolitan General Hospital School of Nursing, Cleveland, Ohio	1966

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PROFESSIONAL EXPERIENCE:

1995-Present	Healthy People, Healthy Places, Environmental Health Counseling, Amherst, Massachusetts
1984-Present	Individual, Family and Group Psychotherapy, Amherst, Massachusetts
1984-Present	Stress Management Services-Co-founder of Stress Management Associates offering individual, group, and organizational stress reduction services, Amherst, Massachusetts
1986-1995	Holistic Nursing: Co-developer of the American Holistic Nurses' Association Certificate Program in Holistic Nursing, Amherst, Massachusetts

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Teaching and Supervisory:

1986-1995	Core faculty member of the American Holistic Nurses Association Certificate Program in Holistic Nursing, Amherst, Massachusetts
1982-1984	Assistant Professor, Psychiatric-Mental Health Nursing, Course Coordinator of Psychiatric Nursing Course and Family Health Course, American International College, Springfield, Massachusetts
1976-1980	Instructor/Clinical Preceptor, University of Massachusetts Division of Nursing, Amherst, Massachusetts
1975-1976	Clinical Specialist in Psychiatric Nursing, teaching psychological aspects of nursing care; supervising nurses in interviewing techniques and crisis intervention, Medical Center of Western Massachusetts, Springfield, Massachusetts

Clinical Experience:

- 1984-Present Individual, Family and Group Psychotherapy, Amherst, Massachusetts
- 1984 Intern, Stress Reduction and Relaxation Program, University of Massachusetts Medical Center, Worcester, Massachusetts, May-June
- 1975-1976 Clinical Specialist in Psychiatric-Mental Health Nursing, Consultant to nursing staff, patient evaluation, and brief psychotherapy, Medical Center of Western Massachusetts, Springfield, Massachusetts
- 1973-1974 Graduate Student, nursing member of the Psychiatric Liaison-Consultation Service, Medical Center of Western Massachusetts, Springfield, Massachusetts
- 1972-1973 Graduate Student, Individual and Group Therapist, Psychiatric Outpatient Clinic, Medical Center of Western Massachusetts, Springfield, Massachusetts
- 1966-1972 RN in Pediatrics, Medicine and Psychiatric settings, Cleveland, Ohio

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MEMBERSHIP IN PROFESSIONAL ORGANIZATIONS:

American Nurses Association  
Massachusetts Registered Nurses Association  
Sigma Theta Tau, Beta Zeta Chapter  
American Holistic Nurses Association

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PUBLICATIONS:

- Wolff, P. "Psychiatric Nursing Consultation: A Study of the Referral Process." Journal of Psychiatric Nursing and Mental Health Service, Vol. 16, No. 5, May, 1978, pp. 42-47
- Wolff, P. and Jane Yetter Lunt. "Nursing in the Nineties: The Holistic Nurse Caring Process", Journal of Holistic Nursing, Spring, 1991, pp. 3-21